



Office of  
Postdoctoral  
Studies

# Postdoctoral Individual Development Plan

*for*

Name \_\_\_\_\_ Date \_\_\_\_\_

## SKILLS ASSESSMENT (completed by postdoc)

STRENGTHS	DEVELOPMENT NEEDS

## GOALS

### SHORT-TERM NEEDS FOR IMPROVING CURRENT PERFORMANCE

What additional skills do you need?	How are you going to acquire these skills? (e.g., training, courses, teaching, supervision)	When will you acquire them? (specify dates and duty or off-duty time)	Completion Date (Est.)	Completion Date (Act.)

**LONG-TERM CAREER GOALS YOU WISH TO PURSUE AND THE NECESSARY TOOLS TO MEET THEM**

<b>What is important to me in a career?</b>	<b>What additional skills or tools will you need?</b> (e.g., training, courses, teaching, supervision)	<b>How are you going to acquire these skills?</b> (training, courses, assignments)	<b>When will you acquire them?</b> (dates and duty or off-duty time)	<b>Completion Date (Est.)</b>	<b>Completion Date (Act.)</b>
<b>What type of work would I like to be doing?</b>					

Where would I like to be in an organization?	What additional skills or tools will you need? (e.g., training, courses, teaching, supervision)	How are you going to acquire these skills? (training, courses, assignments)	When will you acquire them? (dates and duty or off-duty time)	Completion Date (Est.)	Completion Date (Act.)
<b>OTHER</b>					

**COMMENTS FROM MENTOR**

--

**SOURCE OF FINANCIAL SUPPORT FOR POSTDOC**

MENTOR FUNDS	
<b>Department/Program:</b>	
<b>Mentor Grant (agency &amp; grant number):</b>	
<b>Training Grant (agency &amp; grant number):</b>	
POSTDOC FUNDS	
<b>Grant (agency &amp; grant number):</b>	
<b>Other (source):</b>	

\_\_\_\_\_

**Postdoc Name / Title**

**Department**

**Signature**

**Date**

\_\_\_\_\_

**Mentor Name / Title**

**Department**

**Signature**

**Date**